



Tiverton

Volunteer

Force

Ready to

help 24/7

## Who are we?

A group of people from in and around Tiverton who will help you if you are isolating yourself due to Covid-19.

## What can we do?

We're happy to get supplies for you, a little bit of shopping, medication or anything you need. If you're feeling lonely then we can also give you a ring for a chat, to make sure you're ok.

## How do we contact you?

Contact our co-ordinators Jason and Kate:

FB: [www.facebook.com/groups/tivertonvolunteerforce](https://www.facebook.com/groups/tivertonvolunteerforce)

Mail: [tivertonvolunteerforce@outlook.com](mailto:tivertonvolunteerforce@outlook.com)

Phone: 07866 777758 / 07807 844400 / 01884 259541

(you may need to leave a message)



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